

For information call:

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Location:

W. G. Thomas Coliseum 6108 Broadway Ave, Haltom City, TX

Demonstration Division! EVERYONE'S A WINNER!

Do any Form, Creative Forms, Weapons with or without music **And Receive a medal!!!** (Just enter **D-1** as an additional event)

GRANDS AWARDED TO:

\$100 BLACK BELT FORMS \$200 BLACKBELT MEN Sparring \$200 BLACKBELT WOMEN SPARRING ADULT UNDERBLET

JUNIOR GRANDS FORMS JR BLACK

UNDERBELT ADVANCE UNDERBELT INTERMEDIATE UNDERBELT BEGINNER

TNT Grappling ABSOLUTE" CASH GRAND

Must have 2+ competitors to receive prize)
All 1st place 18+ Male (Experience) - \$100
All 1st place 18+ Female (Experience) - \$100
All 1st place 18+ Male (Advance) - \$100
All 1st place 18+ Female (Advance) - \$100

Welcome to TKO/TNT League state qualifier Welcome to TKO/TNT League state qualifier! Welcome to TKO/TNT League Texas state qualifier This event is TKO/TNT Qualifier and is open to all martial artist!. Saturday all weapons/katas divisions starts at 9:30 am followed by all sparring/combat divisions. We hope you can come and enjoy a weekend of fun and exciting competition. To Register you can go online at EventsReg.org. To Save, Early Bird Registration ends Friday 2 weeks prior to the event, and Preregistration ends Wednesday the week of the event.

REGISTRATION FEE INFORMATION Register online EventsReg.org			
Register Early \$ Save Money \$	Early Bird Registrations Ends Friday 2 week before Event	Pre-Registration Ends Wednesday before Event	Late Registration After Wednesday before Event
Entry Fee - 1	\$40	\$50	\$60
Additional Events	\$25 x	\$30 x	\$35 x
Spectator Pass (General Admission)	\$15 x	\$20 x	\$20 x
VIP Floor Pass (General Admission and Ringside)	\$25 x	\$35 x	\$50 x
	TOTAL =	TOTAL =	TOTAL =

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YOUTH SPARRING
Start time 9:00 am Demo and 9:30 am Tournament be-
                                                            CREATIVE FORMS—With or Without Music
                                                            CF-A
                                                                                                                   US-1 Sparring - Point * <= 5 * All Ranks * Male
gins! No limit in division entered!
                                                                       Creative Forms * <= 5 * M/F
                                                                       Creative Forms * <= 6-7 * Beginner * M/F
                                                                                                                   US-2 Sparring - Point * <= 5 * All Ranks * Female
                                                            CF-1
                                                                       Creative Forms * <= 6-7 * Intermed * M/F
                                                                                                                   US-3 Sparring - Point * 6-7 * Beginner * Male
<u>D-1</u> DEMO<u>—</u>Everyone is a Winner! Trophy Awarded
                                                            CF-1B
H-1 HANDICAPABLE FORMS
                                                            CF-2
                                                                       Creative Forms * <= 6-7 * Adv/Black * M/F
                                                                                                                   US-4 Sparring - Point * 6-7 * Intermediate * Male
H-2 HANDICAPABLE WEAPONS
                                                            CF-2B
                                                                       Creative Forms * <= 7 * Black * M/F
                                                                                                                   US-5 Sparring - Point * 6-7 * Adv / Black * Male
                                                                       Creative Forms * 8-9 * Beginner * M/F
                                                                                                                   US-6 Sparring - Point * 6-7 * Female * Beginner
                                                            CF-3
<u>Team Kata — Synchronize Form (2-3 members)</u>
                                                            CF-3B
                                                                       Creative Forms * 8-9 * Intermediate * M/F
                                                                                                                   US-7 Sparring - Point * 6-7 * Female * Intermediate
                                                                                                                   US-8 Sparring - Point * 6-7 * Female * Adv / Black
TK-1 Team Kata (2-3 members) * Beginner * M/F
                                                            CF-4
                                                                       Creative Forms * 8-9 * Advanced * M/F
TK-2 Team Kata (2-3 members) * Intermediate * M/F
                                                            CF-5
                                                                       Creative Forms * 8-9 * Black * M/F
                                                                                                                   US-9 Sparring - Point * 8-9 * Male * Beginner
                                                                                                                   US-10 Sparring - Point * 8-9 * Male * Intermediate
TK-3 Team Kata (2-3 members) * Adv / Black * M/F
                                                                       Creative Forms * 10-11 * Beginner * M/F
                                                            CF-6
                                                                                                                   US-11 Sparring - Point * 8-9 * Male * Advanced
                                                                       Creative Forms * 10-11 * Intermed * M/F
SELF DEFENSE - Single or Multi Attacker
                                                            CF-6B
SD-1
                                                                                                                   US-12 Sparring - Point * 8-9 * Male * Black
          Self Defense * <= 17 * Beg / Intr * M/F
                                                            CF-7
                                                                       Creative Forms * 10-11 * Advanced * M/F
SD-2
          Self Defense * <= 17 * Advanced * M/F
                                                            CF-8
                                                                       Creative Forms * 10-11 * Black * M/F
                                                                                                                   US-13 Sparring - Point * 8-9 * Female * Beginner
SD-3
          Self Defense * <= 17 * Black * M/F
                                                            CF-9
                                                                       Creative Forms * 12-13 * Beginner * M/F
                                                                                                                   US-14 Sparring - Point * 8-9 * Female * Intermediate
                                                                       Creative Forms * 12-13 * Intermed * M/F
SD-4
          Self Defense * 18+ * Underbelt * M/F
                                                                                                                   US-15 Sparring - Point * 8-9 * Female * Advanced
                                                            CF-9B
                                                                                                                   US-16 Sparring - Point * 8-9 * Female * Black
SD-5
          Self Defense * 18+ * Black * M/F
                                                            CF-10
                                                                       Creative Forms * 12-13 * Advanced * M/F
TRADITIONAL WEAPONS - ( HARD/SOFT )
                                                            CF-11
                                                                       Creative Forms * 12-13 * Black * M/F
                                                                                                                   US-17 Sparring - Point * 10-11 * Male * Beginner
                                                            CF-12
                                                                                                                   US-18 Sparring - Point * 10-11 * Male * Intermediate
          Trad. Weapons * <= 11 * Beginner * M/F
                                                                       Creative Forms * 14-15 * Beginner * M/F
TW-1
                                                            CF-12B
                                                                      Creative Forms * 14-15 * Intermed * M/F
                                                                                                                   US-19 Sparring - Point * 10-11 * Male * Advanced
TW-1B
          Trad. Weapons * <= 11 * Intermediate * M/F
                                                            CF-13
TW-2
          Trad. Weapons * <= 11 * Advanced * M/F
                                                                       Creative Forms * 14-15 * Advanced * M/F
                                                                                                                   US-20 Sparring - Point * 10-11 * Male * Black
                                                            CF-14
                                                                       Creative Forms * 14-15 * Black * M/F
TW-2B
          Trad. Weapons * <= 11 * Black * M/F
                                                                                                                   US-21 Sparring - Point * 10-11 * Female * Beginner
          Trad. Weapons * 12-13 * Beginner * M/F
                                                            CF-15
                                                                       Creative Forms * 16-17 * Beginner * M/F
                                                                                                                   US-22 Sparring - Point * 10-11 * Female * Intermed
TW-3
                                                                                                                   US-23 Sparring - Point * 10-11 * Female * Advanced
          Trad. Weapons * 12-13 * Intermediate * M/F
                                                                      Creative Forms * 16-17 * Intermed * M/F
TW-3B
                                                            CF-15B
TW-4
          Trad. Weapons * 12-13 * Advanced * M/F
                                                            CF-16
                                                                       Creative Forms * 16-17 * Advanced * M/F
                                                                                                                   US-24 Sparring - Point * 10-11 * Female * Black
                                                                       Creative Forms * 16-17 * Black * M/F
          Trad. Weapons * 12-13 * Black * M/F
                                                            CF-17
                                                                                                                   US-25 Sparring - Point * 12-13 * Male * Beginner
TW-4B
TW-5
          Trad. Weapons * 14-15 * Beginner * M/F
                                                            CF-18
                                                                       Creative Forms * 18+ * Underbelt * M/F
                                                                                                                   US-26 Sparring - Point * 12-13 * Male * Intermediate
TW-5B
          Trad. Weapons * 14-15 * Intermediate * M/F
                                                            CF-19
                                                                       Creative Forms * 35+ * Underbelt * M/F
                                                                                                                   US-27 Sparring - Point * 12-13 * Male * Advanced
          Trad. Weapons * 14-15 * Advanced * M/F
                                                                                                                   US-28 Sparring - Point * 12-13 * Male * Black
                                                            ADULT BLACK BELT WEAPONS (HARD/SOFT)
TW-6
                                                                                                                   US-29 Sparring - Point * 12-13 * Female * Beginner
          Trad. Weapons * 14-15 * Black * M/F
TW-6B
                                                            With or Without Music
          Trad. Weapons * 16-17 * Beginner * M/F
                                                                                                                   US-30 Sparring - Point * 12-13 * Female * Intermed
TW-7
                                                                       Black Belt Weapons * 18+ * Male
                                                                                                                   US-31 Sparring - Point * 12-13 * Female * Advanced
          Trad. Weapons * 16-17 * Intermediate * M/F
TW-7B
                                                            BW-2
                                                                       Black Belt Weapons * 18+ * Female
          Trad. Weapons * 16-17 * Advanced * M/F
TW-8
                                                            BW-3
                                                                       Black Belt Weapons * 35+ * Male
                                                                                                                   US-32 Sparring - Point * 12-13 * Female * Black
TW-8B
          Trad. Weapons * 16-17 * Black * M/F
                                                            BW-4
                                                                       Black Belt Weapons * 35+ * Female
                                                                                                                   US-33 Sparring - Point * 14-15 * Male * Beginner
TW-9
          Trad. Weapons * 18+ * Underbelt * M/F
                                                            BLACK BELT CREATIVE FORM ( HARD/SOFT)
                                                                                                                   US-34 Sparring - Point * 14-15 * Male * Intermediate
                                                                                                                   US-35 Sparring - Point * 14-15 * Male * Advanced
          Trad. Weapons * 18+ * Black * M/F
TW-10
                                                            BC-1
                                                                       Black Belt Creative Forms * 18+ * Male
                                                                                                                   US-36 Sparring - Point * 14-15 * Male * Black
KUNG FU / CHINESE FORMS (SOFT)
                                                            BC-2
                                                                       Black Belt Creative Forms * 18+ * Female
KC-1 Kung Fu / Chinese Forms * <= 11 * Beg / Intr * M/F
                                                            BC-3
                                                                       Black Belt Creative Forms * 35+ * Male
                                                                                                                   US-37 Sparring - Point * 14-15 * Female * Beginner
KC-2 Kung Fu / Chinese Forms * <= 11 * Adv / Black * M/F
                                                                                                                   US-38 Sparring - Point * 14-15 * Female * Interm
                                                            BC-4
                                                                      Black Belt Creative Forms * 35+ * Female
KC-3 Kung Fu / Chinese Forms * 12-13 * Beg / Intr * M/F
                                                                                                                   US-39 Sparring - Point * 14-15 * Female * Advanced
                                                            BLACK BELT TRADITIONAL FORMS
                                                                                                                   US-40 Sparring - Point * 14-15 * Female * Black
KC-4 Kung Fu / Chinese Forms * 12-13 * Adv / Black * M/F
                                                            BT-1 Black Belt Traditional Forms * 18+ * Male
                                                            BT-2 Black Belt Tradi Forms * 18+ * Female
KC-5 Kung Fu / Chinese Forms * 14-15 * Beg / Intr * M/F
                                                                                                                   US-41 Sparring - Point * 16-17 * Male * Beginner
KC-6 Kung Fu / Chinese Forms * 14-15 * Adv / Black * M/F
                                                            BT-3 Black Belt Traditional Forms * 35+ * Male
                                                                                                                   US-42 Sparring - Point * 16-17 * Male * Intermediate
KC-7 Kung Fu / Chinese Forms * 16-17 * Beg / Intr * M/F
                                                                                                                   US-43 Sparring - Point * 16-17 * Male * Advanced
                                                            BT-4 Black Belt Trad Forms * 35+ * Female
                                                                                                                   US-44 Sparring - Point * 16-17 * Male * Black
KC-8 Kung Fu / Chinese Forms * 16-17 * Adv / Black * M/F
                                                            BT-5 Black Belt Traditional Forms * 45+ * M/F
KC-9 Kung Fu / Chinese Forms * 18+ * Underbelt * M/F
                                                            FORMS (Traditional Forms only)
                                                                                                                   US-45 Sparring - Point * 16-17 * Female * Beginner
                                                            If more that 12 we will divide to Boys and Girls
KC-10 Kung Fu / Chinese Forms * 18+ * Black * M/F
                                                                                                                   US-46 Sparring - Point * 16-17 * Female * Interm
WEAPONS - CREATIVE /EXTREME ( HARD/SOFT )
                                                            UF-1 Forms - Traditional * <= 5 * All Ranks * M/F
                                                                                                                   US-47 Sparring - Point * 16-17 * Female * Advanced
                                                            UF-2 Forms - Traditional * 6-7 * Beginner * M/F
                                                                                                                   US-48 Sparring - Point * 16-17 * Female * Black
With or Without Music
                                                            UF-3 Forms - Traditional * 6-7 * Intermediate * M/F
W-1
          Weapons * <= 7 * Beginner * M/F
                                                                                                                   ADULT SPARRING ( NON BLACK )
W-1B
          Weapons * <= 7 * Intermediate * M/F
                                                            UF-4 Forms - Traditional * 6-7 * Adv / Black * M/F
                                                                                                                   US-49 Sparring - Point * 18+ * Male * Beginner
                                                                                                                   US-50 Sparring - Point * 18+ * Male * Intermediate
          Weapons * <= 7 * Advanced * M/F
                                                            UF-5 Forms - Traditional * 8-9 * Beginner * M/F
W-2
                                                            UF-6 Forms - Traditional * 8-9 * Intermediate * M/F
W-2B
          Weapons * <= 7 * Black * M/F
                                                                                                                   US-51 Sparring - Point * 18+ * Male * Advanced
W-3
          Weapons * 8-9 * Beginner * M/F
                                                            UF-7 Forms - Traditional * 8-9 * Adv / Black * M/F
                                                                                                                   US-52 Sparring - Point * 18+ * Female * Beginner
W-3B
          Weapons * 8-9 * Intermediate * M/F
                                                            UF-8 Forms - Traditional * 10-11 * Beginner * M/F
                                                                                                                   US-53 Sparring - Point * 18+ * Female * Intr / Adv
          Weapons * 8-9 * Advanced * M/F
                                                                                                                   US-54 Sparring - Point * 35+ * Male * Beginner
W-4
                                                            UF-9 Forms - Trad. * 10-11 * Intermediate * M/F
                                                                                                                   US-55 Sparring - Point * 35+ * Male * Intr / Adv
          Weapons * 8-9 * Black * M/F
                                                            UF-10 Forms - Traditional * 10-11 * Advanced * M/F
W-4B
W-5
          Weapons * 10-11 * Beginner * M/F
                                                            UF-11 Forms - Traditional * 10-11 * Black * M/F
                                                                                                                   US-56 Sparring - Point * 35+ * Female * Beginner
W-5B
          Weapons * 10-11 * Intermediate * M/F
                                                            UF-12 Forms - Traditional * 12-13 * Beginner * M/F
                                                                                                                   US-57 Sparring - Point * 35+ * Female * Intr / Adv
W-6
          Weapons * 10-11 * Advanced * M/F
                                                            UF-13 Forms - Trad, * 12-13 * Intermediate * M/F
                                                                                                                   BLACK BELT POINT SPARRING
W-7
          Weapons * 10-11 * Black * M/F
                                                            UF-14 Forms - Traditional * 12-13 * Advanced * M/F
                                                                                                                   BS-1 Sparring * 18+ * Male * Black * Light (162.8-)
                                                            UF-15 Forms - Traditional * 12-13 * Black * M/F
                                                                                                                   BS-2 Sparring * 18+ * Male * Black * Middle (184.8-)
          Weapons * 12-13 * Beginner * M/F
W-8
W-8B
          Weapons * 12-13 * Intermediate * M/F
                                                            UF-16 Forms - Traditional * 14-15 * Beginner * M/F
                                                                                                                   BS-3 Sparring * 18+ * Male * Black * Heavy (184.8+)
                                                                                                                   BS-4 Sparring * 18+ * Female * Black * Feather (132-)
          Weapons * 12-13 * Advanced * M/F
W-9
                                                            UF-17 Forms - Trad, * 14-15 * Intermediate * M/F
          Weapons * 12-13 * Black * M/F
                                                                                                                   BS-5 Sparring * 18+ * Female * Black * Light (132+)
W-10
                                                            UF-18 Forms - Traditional * 14-15 * Advanced * M/F
W-11
          Weapons * 14-15 * Beginner * M/F
                                                            UF-19 Forms - Traditional * 14-15 * Black * M/F
                                                                                                                   BS-6 Sparring * 35+ * Male * Black * Light (173.8-)
                                                                                                                   BS-7 Sparring * 35+ * Male * Black * Heavy (173.8+)
W-11B
          Weapons * 14-15 * Intermediate * M/F
                                                            UF-20 Forms - Traditional * 16-17 * Beginner * M/F
W-12
          Weapons * 14-15 * Advanced * M/F
                                                            UF-21 Forms - Trad. * 16-17 * Intermediate * M/F
                                                                                                                   BS-8 Sparring * 35+ * Female * Black
W-13
          Weapons * 14-15 * Black * M/F
                                                                                                                   BS-9 Sparring * 45+ * Male * Black
                                                            UF-22 Forms - Traditional * 16-17 * Advanced * M/F
          Weapons * 16-17 * Beginner * M/F
                                                            UF-23 Forms - Traditional * 16-17 * Black * M/F
W-14
                                                                                                                   BS-10 Sparring * 55+ * Male * Black
W-14B
          Weapons * 16-17 * Intermediate * M/F
                                                            UF-24 Forms - Traditional * 18+ * Beginner * M/F
          Weapons * 16-17 * Advanced * M/F
                                                            UF-25 Forms - Trad. * 18+ * Intermediate * M/F
W-15
          Weapons * 16-17 * Black * M/F
                                                            UF-26 Forms - Traditional * 18+ * Advanced * M/F
W-16
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UF-27 Forms - Traditional * 35+ * Beginner * M/F

UF-28 Forms - Traditional * 35+ * Intr / Adv * M/F

W-17

W-18

Weapons * 18+ * Underbelt * M/F

Weapons * 35+ * Underbelt * M/F

TKO QUALIFIER AND STATE RULES AT GLANCE

KATA/FORMS RULES:

- A. All competitors will perform their Katas with scores given when all the competitors are finished.
- B. Scoring Range will be from 9.0-9.9 in all Katas/Weapons Divisions
- C. Each judge must choose their top winners from highest to lowest. Example: 9.9 for 1st, 9.8 for 2nd, 9.7 for 3rd and 9.6 for 4th with 9.5 being the median.
- D. All 3 judges must be within the same scoring range. A denomination of (.2) will be applied below the 2nd highest score.

Example: A score of 9.9, 9.8, **9.3**. Since 9.3 is not in the same range of 9.9 and 9.8, the lowest score of 9.3 will now change to **9.6**.

- F. A second chance will be given to Under Belts (Non Black Belts) who forget their form. All Katas, Weapons, Specialty (Musical, Weapons, 2 man) can restart only once. **Only at STATE FINALS, there will be "NO" restart.**
- G. Specialty (Musical, Weapons, 2 man) no longer than 2 minutes
- H. Judging students is allowed

TIES

- A. If tied Run off of same or different kata is acceptable.
- B. If tied again judges point to winner.

MANDATORY UNIFORMS AND EQUIPMENT:

- A. All uniforms must be of regulation in that particular style or system. (In KATA competition uniform may vary with tournament director's approval)
- B. Must have a clean uniform.
- C. Male competitors will wear groin protector.
- D. No shoes allowed when sparring unless Ring Star approved sparring shoes.
- E. Must wear mouthpiece.
- F. Head, foot and hand gear mandatory.
- G. Must wear elbow pads

II. MATCHES:

- A. 2 judges will be used for Point Sparring per ring.
- B. Instructors cannot judge their students in sparring

III. MATCH LENGTH:

- A. All matches will be two minutes or first to 7 points.
- B. Coaching is allowed but yelling profanity, poor sportsmanlike conduct or yelling at a judge will not be tolerated. Judge has the right to disqualify any competitor if these rules are violated.
- C. No physical contact from coach and the competitor will be allowed during a match

IV. SCORING:

- A. Punches 1 point.
- B. All Kicks to body 1 point.
- C. All Kicks to head 2 points.
- D. Confirmation needed to be awarded a point.
- E. Light contact to the face & medium contact to the body for all ranks.
- F. Hands touching floor is legal but not when body, elbows, buttocks and knees touches floor.
- G. Capoeira, and Cartwheel kicks are allowed. Head or body (2 points)

V. ILLEGAL TECHNIQUES:

No joints, no elbow techniques, no back or blind techniques, or throat techniques. No knee, or leg techniques, take downs (only in rings), headbutts, arms, spine, neck, eyes techniques, or kicks to the legs. No Groin or No Ground fighting

VI. PROTESTS:

Only the coach has the right to protest any call BEFORE the match is over.

VII. DISQUALIFICATION:

- A. Excessive contact in all divisions. 1st time warning with 2nd time disqualification
- B. Swelling, discoloration, or drawing blood an head/face or knockout by malicious intent in all ranks will be grounds for disqualification. (no verification)
- C. Unsportsmanlike conduct or any other form of conduct unbecoming to a martial artist.

VIII. OUT OF BOUNDS:

- A. Must have both feet over the tape or matted area is out of bounds. (1 point is awarded to opponent)
- B. No verification needed for out of bounds calls.

X. FOUL:

A. Each foul called on an opponent will result in a point awarded to person receiving foul.

Continuous Sparring Rules at a Glance

Definition

* You can download complete rules at TKOLeague.com

A Leg and Full Body Light Contact (No Head) Fighting in a Continuous Manner. Under no circumstances should light contact continuous fighting simulates full contact kickboxing. Utilizing well-controlled techniques, ring craftsmanship and combination skills, competitors should attempt to "outscore" rather than "overpower" their opponent. Competitors will fight continuously until the referee's command to "STOP/BREAK". Techniques should not "strike through" or "push through" the target. Striking with excessive contact, or uncontrolled striking of any kind will lead to disqualification. Emphasis must be placed on both punching and kicking techniques. Punching or "boxing" only to body or leg (Above the knee), for an extended period of time without throwing kicks will downgrade the judge's evaluation of your performance. Each match is carried out with running time. The referee and judges will evaluate the relative effectiveness of each fighter based on the number, quality and variety of scoring strikes, defense and conditioning. Rules violations (whether penalized by the referee or not) will downgrade the judges evaluation of the offending fighter. The three officials will determine the winner of each match by majority decision.

Equipment Needed:

- Adult divisions: mouth-guard, Head Gear, 10oz gloves or larger, groin protection, shin/instep guards.
- Teen & Junior divisions: mouth-guard, Head Gear, 10oz gloves or larger, groin protection, shin/instep guards.
- Shorts or pants and school tshirt/rash guard or Martial Arts Uniform must be worn.

Weigh-in: Weigh-in is not required at Qualifiers. To insure fairness, a request can be ask during check-in. Only at State you will need to make weight. All competitors must weigh at scheduled time. If a competitor missed the weigh-in time, weigh-in will take place at the time when the competitor is called to compete. If you do not make weight, you will lose your seeding, and moved up to the appropriate division as an unseeded "wild card" player.

Time and Rounds Two (2) - Two (1) minute rounds with a 30 second break. If both Fighter wins each round, a 3rd round of 30 second is needed. Head judge will add a judge for the 3rd round to insure no ties.

Weight Divisions and Weigh-in Procedures See 'Divisions' listing on website and in event program.

Coaching: Coaching is allowed on both side of the ring. Coaches are not allowed to badger or yell at judges. The competitor's coach can also make the decision to forfeit a fight by calling time, and informing the head judge to forfeit the fight.

Legal Target Areas The following parts of the body may be attacked using the authorized fighting techniques:

- •Torso front and side
- Legs Inside and outside (above knee)
- •Feet only for sweeping (foot to foot)

Legal Techniques – Scoring Both hand and foot strikes should be used. In evaluating each fighter's performance the judges will give more credit to the athlete that is effective with a balanced attack of kicks and punches thrown in combination. Punching or "boxing" only for an extended period of time without throwing kicks may be cause for penalization or may downgrade the judge's evaluation of a fighter's performance. The authorized striking area of the hand or foot may only make "Clean/ Controlled" Light contact. The fighter must be looking at the point of contact when executing the technique. All techniques must be well executed. Weak techniques or techniques that simply touch or brush or push an opponent will not be scored. Excessive contact, mauling, pushing or rough-housing will be grounds for penalization, downgrading in the judges evaluation and/or disqualification. (it is not allowed to touch the floor with any part of the body except the feet).

HAND TECHNIQUES:

The following hand techniques may be applied:

- Combination of no more than 3 consecutive punches
- All kind of fighting punches.

FOOT, LEG TECHNIQUES:

- Combination of no more than 3 consecutive kicks.
- Front kick (no leg)
- Sidekick (no leg)
- Roundhouse kick
- Heel kick (sole of the foot only)
- Crescent kick
- Axe kick (sole of the foot only)
- Jump kicks

THROWING TECHNIQUES:

• Foot sweeps (foot to foot – ankle/foot level only)

Skill Levels:

Kids Ages 9 (male & female) Juniors Ages 10 - 13 (male & female) Juniors Ages 14- 17 (male & female) Adults& Seniors (male & female)

Weight Classes for "KIDS" (Male). "9 and under Male"

CS-1 * Male * <= 9 * Fin (-55.0)

CS-2 * Male * <= 9 * Fly (-65.0) CS-3 * Male * <= 9 * Bantam (-75.0)

CS-4 * Male * <= 9 * Feather (-85.1)

CS-5 * Male * <= 9 * Light (-95.1) CS-6 * Male * <= 9 * Welter (95.1+)

Weight Classes for "KIDS" (Female). "9 and under Female"

CS-23 * Female * <= 9 * Fin (-55.0)

CS-24 * Female * <= 9 * Fly (-65.0)

CS-25 * Female * <= 9 * Bantam (-75.0)

CS-26 * Female * <= 9 * Feather (-85.1)

CS-27 * Female * <= 9 * Light (-95.1) CS-28 * Female * <= 9 * Welter (95.1+)

Weight Classes for "JUNIOR" (Male) "10-13 year old Male"

CS-7 * Male * 10-13 * Bantam (-85.1)

CS-8 * Male * 10-13 * Feather (-95.1)

CS-9 * Male * 10-13 * Light (-105.1)

CS-10 * Male * 10-13 * Welter (-115.1)

CS-11 * Male * 10-13 * Light Middle (-125.1)

CS-12 * Male * 10-13 * Middle (-135.1)

CS-13 * Male * 10-13 * Light Heavy (-146.1)

CS-14 * Male * 10-13 * Heavy (145.1+)

Weight Classes for "JUNIOR" (Female) "10 and 13 years old Female"

CS-29 * Female * 10-13 * Fly (-75.0)

CS-30 * Female * 10-13 * Bantam (-85.1)

CS-31 * Female * 10-13 * Feather (-95.1)

CS-32 * Female * 10-13 * Light (-105.1)

CS-33 * Female * 10-13 * Welter (-115.1)

CS-34 * Female * 10-13 * Light Middle (-125.1)

CS-35 * Female * 10-13 * Middle (-135.1)

CS-36 * Female * 10-13 * Light Heavy (135.1+)

Weight Classes for "TEENS" (Male) "14 and 17 years old"

CS-15 * Male * 14-17 * Light (-125.1)

CS-16 * Male * 14-17 * Welter (-135.1) CS-17 * Male * 14-17 * Light Middle

(-145.1)

CS-18 * Male * 14-17 * Middle (-155.1)

CS-19 * Male * 14-17 * Light Heavy

CS-20 * Male * 14-17 * Heavy (-175.1)

CS-21 * Male * 14-17 * Cruiser (-185.1)

CS-22 * Male * 14-17 * Super Heavy

(185.1+)

Weight Classes for "TEENS" (Female) "14 and 17 years old"

CS-37 * Female * 14-17 * Light (-105.1) CS-38 * Female * 14-17 * Welter

(-115.1)

CS-39 * Female * 14-17 * Light Middle (-125.1)

CS-40 * Female * 14-17 * Middle (-135.1)

CS-41 * Female * 14-17 * Light Heavy (-145.1)

CS-42 * Female * 14-17 * Heavy (-155.1)

CS-43 * Female * 14-17 * Cruiser (-165.1)

CS-44 * Female * 14-17 * Super Heavy (165.1+)

WOMEN Weight Classes for "Adults". "18+ years"

CSW1 - Women's Lightweight: (135 lb.

CSW2 - Women's Middleweight: (135.1 – 150 lb.

CSW3 - Women's Light Heavyweight: (150 lb. & Above)

WOMEN Weight Classes for "Masters" "35+ years"

CSWM1 - Women's Welterweight: (135 lb. and under)

CSWM2 - Women's Middleweight: (136 – 145 lb.)

CSWM3 - Women's Light Heavyweight: (146 lb. & Above)

MEN Weight Classes for "Adults".

under)

"18 + years"CSM1 - Men's Lightweight: (175 lb. and

CSM2 - Men's Middleweight: (175.1 – 190 lb.)

CSM3 - Men's Heavyweight: (190 lb. & Above)

MEN Weight Classes for "Masters". "35+ years"

CSMM1 - Men's Lightweight: (175 lb. and under)

CSMM2 - Men's Middleweight: (175.1 – 190 lb.)

CSMM3 - Men's Heavyweight: (191 lb. & Above)



GRAPPING "GI" Divisions and Rules

Weight Classes for "JUNIOR" (Female) WOMEN Weight Classes for "Masters" Standard B.J.J rules "10 and 13 years old Female" "35+ years" "Novice", "Experience, (Download complete rules Novice 0 - 1 year GNF-7 * Female * 10-13 * Fly (-75.0) "Advance" @www.TNTGrappling.com) GNF-8 * Female * 10-13 * Bantam (-85.1) **GWMA (Advance)** GNF-9 * Female * 10-13 * Feather (-95.1) NOVICE (0-1 year): AWARDS: Competitors: 1st, 2nd, 3rd place will GNF-10 * Female * 10-13 * Light (-105.1) receive medals GNF-11 * Female * 10-13 * Welter (-115.1) GNF-12 * Female * 10-13 * Light Middle (-125.1) ADULT GI "ABSOLUTE" CASH GRANDS: GNF-13 * Female * 10-13 * Middle (-135.1) (Must have 2+ competitors to receive prize) GNF-14 * Female * 10-13 * Light Heavy (135.1+) All 1st place 18+ Male (Experience) - \$100 Experience 1+ year of experience All 1st place 18+ Female (Experience) - \$100 GEF-7 * Female * 10-13 * Fly (-75.0) All 1st place 18+ Male (Advance) - \$100 GEF-8 * Female * 10-13 * Bantam (-85.1) All 1st place 18+ Female (Advance) - \$100 GEF-9 * Female * 10-13 * Feather (-95.1) GEF-10 * Female * 10-13 * Light (-105.1) PLEASE NOTE - Due to point tabulations and GEF-11 * Female * 10-13 * Welter (-115.1) rankings for State Finals, all divisions are set and GEF-12 * Female * 10-13 * Light Middle (-125.1) cannot be moved or separated. If there is no one GEF-13 * Female * 10-13 * Middle (-135.1) in your division, you will win by default and an GEF-14 * Female * 10-13 * Light Heavy (135.1+) exhibition match will be offered. Weight Classes for "TEENS" (Male) Skill Levels: "14 and 17 years old" Kids Ages 9 (male & female) Novice 0 - 1 year Juniors Ages 10 – 13 (male & female) GN-15 * Male * 14-17 * Light (-125.1) Juniors Ages 14- 17 (male & female) GN-16 * Male * 14-17 * Welter (-135.1) GN-17 * Male * 14-17 * Light Middle (-145.1) Adults& Seniors (male & female) "Advance" GN-18 * Male * 14-17 * Middle (-155.1) Weight Classes for "KIDS" (Male). GN-19 * Male * 14-17 * Light Heavy (-165.1) **GMA (Advance)** "9 and under Male" GN-20 * Male * 14-17 * Heavy (-175.1) GN-21 * Male * 14-17 * Cruiser (-185.1) NOVICE (0-1 year): Novice 0 - 1 year GN-1 * Male * <= 9 * Fin (-55.0) GN-22 * Male * 14-17 * Super Heavy (185.1+) GN-2 * Male * <= 9 * Fly (-65.0)Experience 1+ year of experience GN-3 * Male * <= 9 * Bantam (-75.0) GE-15 * Male * 14-17 * Light (-125.1) GN-4 * Male * <= 9 * Feather (-85.1) GE-16 * Male * 14-17 * Welter (-135.1) GN-5 * Male * <= 9 * Light (-95.1) GE-17 * Male * 14-17 * Light Middle (-145.1) GN-6 * Male * <= 9 * Welter (95.1+) GE-18 * Male * 14-17 * Middle (-155.1) Experience 1+ year of experience GE-19 * Male * 14-17 * Light Heavy (-165.1) GE-1 * Male * \leq 9 * Fin (-55.0) GE-20 * Male * 14-17 * Heavy (-175.1) $GE-2 * Male * \le 9 * Flv (-65.0)$ GE-21 * Male * 14-17 * Cruiser (-185.1) GE-3 * Male * <= 9 * Bantam (-75.0) GE-22 * Male * 14-17 * Super Heavy (185.1+) GE-4 * Male * \leq 9 * Feather (-85.1) Weight Classes for "TEENS" (Female) GE-5 * Male * \leq 9 * Light (-95.1) "14 and 17 years old" GE-6 * Male * <= 9 * Welter (95.1+) Novice 0 - 1 year Weight Classes for "KIDS" (Female) GNF-15 * Female * 14-17 * Light (-105.1) GNF-16 * Female * 14-17 * Welter (-115.1) "9 and under Female" Novice 0 - 1 year GNF-17 * Female * 14-17 * Light Middle (-125.1) GNF-1 * Female * <= 9 * Fin (-55.0) GNF-18 * Female * 14-17 * Middle (-135.1) GNF-2 * Female * <= 9 * Fly (-65.0) GNF-19 * Female * 14-17 * Light Heavy (-145.1) GNF-3 * Female * \leq 9 * Bantam (-75.0) GNF-20 * Female * 14-17 * Heavy (-155.1) GNF-4 * Female * <= 9 * Feather (-85.1) GNF-21 * Female * 14-17 * Cruiser (-165.1) GNF-5 * Female * <= 9 * Light (-95.1) GNF-22 * Female * 14-17 * Super Heavy (165.1+) GNF-6 * Female * <= 9 * Welter (95.1+) Experience 1+ year of experience Experience 1+ year of experience GEF-15 * Female * 14-17 * Light (-105.1) GEF-1 * Female * <= 9 * Fin (-55.0) GEF-16 * Female * 14-17 * Welter (-115.1) GEF-2 * Female * <= 9 * Fly (-65.0) GEF-17 * Female * 14-17 * Light Middle (-125.1) GEF-3 * Female * <= 9 * Bantam (-75.0) GEF-18 * Female * 14-17 * Middle (-135.1) "Advance" GEF-4 * Female * \leq 9 * Feather (-85.1) GEF-19 * Female * 14-17 * Light Heavy (-145.1) GEF-5 * Female * \leq 9 * Light (-95.1) GEF-20 * Female * 14-17 * Heavy (-155.1) GMMA (Advance) GEF-6 * Female * <= 9 * Welter (95.1+) GEF-21 * Female * 14-17 * Cruiser (-165.1) NOVICE (0-1 year): GEF-22 * Female * 14-17 * Super Heavy (165.1+) Weight Classes for "JUNIOR" (Male) "10-13 year old Male" WOMEN "GI" Weight Classes for "Adults". Novice 0 - 1 year "18+ years" "Novice", "Experience", "Advance" GN-7 * Male * 10-13 * Bantam (-85.1) GN-8 * Male * 10-13 * Feather (-95.1) GN-9 * Male * 10-13 * Light (-105.1) Ex: GWN (Novice), GWE (Experience), GWA (Advance) NOVICE (0-1 year): GWN1 - 120 lbs. & under GN-10 * Male * 10-13 * Welter (-115.1) GWN2 - 120.1 - 135 lbs. GN-11 * Male * 10-13 * Light Middle (-125.1) GWN3 - 135.1 - 150 lbs. GN-12 * Male * 10-13 * Middle (-135.1) GWN4 - 150.1 - 170 lbs. GN-13 * Male * 10-13 * Light Heavy (-146.1) GWN5 - 170.1 lbs. & Over GN-14 * Male * 10-13 * Heavy (145.1+) **EXPERIENCE (1-3 year): Experience** 1+ year of experience GE-7 * Male * 10-13 * Bantam (-85.1) GWE1 - 120 lbs. & under

GWE2 - 120.1 - 135 lbs.

GWE3 - 135.1 - 150 lbs.

GWE4 - 150.1 - 170 lbs.

GE-8 * Male * 10-13 * Feather (-95.1)

GE-9 * Male * 10-13 * Light (-105.1)

Ex: GWMN (Novice), GWME (Experience), GWMN1 - 120 lbs. & under GWMN2 - 120.1 - 135 lbs. GWMN3 - 135.1 - 150 lbs. GWMN4 - 150.1 - 170 lbs. GWMN5 - 170.1 lbs. & Over **EXPERIENCE (1-3 year):** GWME1 - 120 lbs. & under GWME2 - 120.1 - 135 lbs. GWME3 - 135.1 - 150 lbs. GWME4 - 150.1 - 170 lbs. GWME5 - 170.1 lbs. & Over ADVANCE (3+ years): GWMA1 - 120 lbs. & under GWMA2 - 120.1 - 135 lbs. GWMA3 - 135.1 - 150 lbs. GWMA4 - 150.1 - 170 lbs. GWMA5 - 170.1 lbs. & Over MEN Weight Classes for "Adults". "18 + years" "Novice", "Experience", Ex: GMN (Novice), GME (Experience), GMN-1 - 130 lbs. & under GMN-2 - 130.1 - 150 lbs. GMN-3 - 150.1 - 170 lbs. GMN-4 - 170.1 - 185 lbs. GMN-5 - 185.1 - 200 lbs. GMN-6 - 200.1 - 220 lbs. GMN-7 - 220.1 lbs. & Over **EXPERIENCE (1-3 year):** GME-1 - 130 lbs. & under GME-2 - 130.1 - 150 lbs. GME-3 - 150.1 - 170 lbs. GME-4 - 170.1 - 185 lbs. GME-5 - 185.1 - 200 lbs. GME-6 - 200.1 - 220 lbs. GME-7 - 220.1 lbs. & Over ADVANCE (3+ years): GMA-1 - 130 lbs. & under GMA-2 - 130.1 - 150 lbs. GMA-3 - 150.1 - 170 lbs. GMA-4 - 170.1 - 185 lbs. GMA-5 - 185.1 - 200 lbs. GMA-6 - 200.1 - 220 lbs. GMA-7 - 220.1 lbs. & Over MEN Weight Classes for "Masters" "35+ years" "Novice", "Experience", Ex: GMMN (Novice), GMME (Experience), GMM1 - 160 lbs. & under GMM2 - 160.1 - 180 lbs. GMM3 - 180.1 - 200 lbs.GMM4 - 200.1 lbs. & Over **EXPERIENCE (1-3 year):** GMM1 - 160 lbs. & under GMM2 - 160.1 - 180 lbs. GMM3 - 180.1 - 200 lbs. GMM4 - 200.1 lbs. & Over ADVANCE (3+ years): GMM1 - 160 lbs. & under GMM2 - 160.1 - 180 lbs. GMM3 - 180.1 - 200 lbs.GMM4 - 200.1 lbs. & Over

SPORT MMA

BASIC RULES (Download complete rules @www.TNTGrappling.com) SAFETY EQUIPMENT ALLOWED:

- Combined foot & shin protectors only.
- Gloves must be MMA approved open finger gloves
- Mouth guard and groin protector are mandatory.
- Knee & elbow pads are not permitted. Neither is strapping of any kind which can cause grip
- MMA Shorts with draw string or martial arts type pants. Competitors must wear a T-Shirt or rash guards when competing.
- No "grease? (Vaseline) is allowed to be applied to any part of the fighter.

HYGIENE RULE: All competitors must wear a clean competition uniform (shorts, shirt, etc.). If a referee feels this criteria has not been met, he will not allow the competitor to compete. Please wear clean clothing

ALLOWED TECHNIQUES:

STRIKES - HANDS:

- All punching techniques are allowed to the front of the body (standing or on the ground). NOT THE SPINE, KIDNEYS OR BACK OF THE HEAD REGION
- All hand techniques are legal to the body.
- NO HEAD CONTACT ALLOWED

NO STRIKES TO THE HEAD ON THE GROUND

STRIKES - LEGS & FEET:

All kicking techniques are allowed. NO STRIKES TO THE KNEES, WAIST, BACK, BACK OF HEAD

OR DOWNED OPPONENT

SHOOT & TAKE DOWNS:

- Any attempt at executing a takedown or Shoot must be done so with the primary motive to go to ground as quick as possible. Any attempt to walk with the lifted opponent or raise the opponent higher off the ground than is deemed necessary to execute a safe take down will be considered a serious foul with a high probability of immediate disqualification. No exception to this rule will be allowed under any circumstance.
- No "spearing? or dive tackling is permitted.
- No slamming of the opponent is allowed.
- No going to ground with the intent of landing on top of the opponent is allowed.
- Hip throws are permitted.
- All prevention necessary must be taken to not attempt to have you opponent fall on his/head or attempt to drop the opponent that their back of neck or head falls to the ground. You are allowed to pull opponent towards you when going to ground.

GRAPPLING - SUBMISSIONS & LOCKS:

- WAYS TO WIN: Submission, whether given by tapping or verbally. It is VERY important that all competitors understand how to "Tap Out" when caught in a submission technique. Tapping out can be done either verbally or through a physical tap. Competitors can tap with their hands, feet, or even a nod of the head. This "Tapping" is a conscious admission of loss or surrender to an opponent. Referee Stoppage (TKO, cuts, feels fighter is not capable of defending himself), Doctor Stoppage, Corner throwing in the towel, Referee Decision, Disqualification, Forfeit, No Contest. If the fight does not end by submission or by points, the referee will choose the winner based on the Decision Making Criteria included in this document. If a match is considered a "Draw? by the referee, there will be oneminute overtime. Referee will choose a winner in every match should it not end by submission or points.
- All submission techniques are legal for adults with the following exception; No neck cranks or knee straight ankle locks where the leg crosses the body (reaping of knee).
- NO LEG LOCKS!.
- OTHER FOULS: Fighters are not allowed to grab and use their opponents' clothing. Attacks to the front of the windpipe (i.e. finger in throat), eyes (elbows, palms, fingers, etc.) or groin. No pushing the palm or elbow directly into the nose. No dropping or slamming an opponent on his head. No slamming from the Guard position. eye gouging, fish hooking, biting, hair pulling, pinching, twisting of skin, sticking a finger into an opponent's cut, small joint manipulation (finger or toe locks), and putting a finger into any orifice are all FOULS and grounds for disqualification. No interference by a corner with any official or fighter. No throwing an opponent off the mat. No unsportsmanlike conduct. The Boston Crab technique is not allowed. Any intentional use of an illegal technique or act of poor sportsmanship will result in the immediate ejection of those competitors/spectators.
- SCISSOR TAKEDOWN When initiating a scissor takedown, at least one hand must be on the ground when applying the takedown.
- Adult's and Women's divisions only. Toe hold, knee bar and straight ankle locks are allowed. These are the only 3 leg locks permitted in Sport MMA

SPORT MMA - Division Code:

Skill Levels:

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Kids Ages 9 under (male & female)
Juniors Ages 10 - 13 (male & female)
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Juniors Ages 14 - 17 (male & female) Adults & Seniors (male & female)

Weight Classes for "KIDS" (Male).

"9 and under Male"

SM-1 9 under Male * Fly (-55)

9 under Male * Feather (-65) SM-2

9 under Male * Bantum (-75) SM-3

SM-4 9 under Male * Fin (-85)

SM-5 9 under Male * Fly (-95) 9 under Male * Feather (96+) SM-6

Weight Classes for "KIDS" (Female).

"9 and under Female"

SMF-1 9 under Female * Fly (-55)

9 under Female * Feather (-65) SMF-2

9 under Female * Bantum (-75) SMF-3

SMF-4 9 under Female * Fin (-85)

SMF-5 9 under Female * Fly (-95)

SMF-6 9 under Female * Feather (96+)

Weight Classes for "JUNIOR" (Male)

"10-13 year old Male"

10-13 * Male * Bantum (-85) SM-7

SM-8 10-13 * Male * Light (-95)

10-13 * Male * Super Light (-105) SM-9

SM-10 10-13 * Male * Light Welter (-115)

SM-11 10-13 * Male * Bantum (-125)

SM-12 10-13 * Male * Light (-135)

SM-13 10-13 * Male * Super Light (-145)

10-13 * Male * Light Welter (146+) SM-14

Weight Classes for "JUNIOR" (Female) "10-13 years old Female"

10-13 * Female * Bantum (-75) SMF-7

10-13 * Female * Light (-85) SMF-8

10-13 * Female * Super Light (-95) SMF-9

SMF-10 10-13 * Female * Light Welter (-105)

SMF-11 10-13 * Female * Bantum (-115)

SMF-12 10-13 * Female * Light (-125)

SMF-13 10-13 * Female * Super Light (-135)

SMF-14 10-13 * Female * Light Welter (136+)

Weight Classes for "TEENS" (Male)

"14-17 years old"

SM-15 14-17 * Male * Welter (-125)

SM-16 14-17 * Male * Light Middle (-135)

SM-17 14-17 * Male * Middle (-145)

SM-18 14-17 * Male * Super Middle (-155)

SM-19 14-17 * Male * Light Heavy (-165)

SM-20 14-17 * Male * Heavy (-175)

SM-21 14-17 * Male * Cruiser (-185)

SM-22 14-17 * Male * Super Heavy (186+)

Weight Classes for "TEENS" (Female)

"14 and 17 years old"

SMF-15 14-17 * Female * Welter (-105)

SMF-16 14-17 * Female * Light Middle (-115)

SMF-17 14-17 * Female * Middle (-125)

SMF-18 14-17 * Female * Super Middle (-135)

SMF-19 14-17 * Female * Light Heavy (-145)

14-17 * Female * Heavy (-155) SMF-20

14-17 * Female * Cruiser (-165) SMF-21

SMF-22 14-17 * Female * Super Heavy (165+)

WOMEN Weight Classes for "Adults". "18+ years"

SMW1 - Women's Lightweight: (135 lb. & Under)

SMW2 - Women's Middleweight: (135.1 – 150 lb.

SMW3 - Women's Light Heavyweight: (150 lb. & Above)

WOMEN Weight Classes for "Masters". "35+ years"

SMWM1 - Women's Welterweight: (135 lb. and under)

SMWM2 - Women's Middleweight: (136 – 145 lb.)

SMWM3 - Women's Light Heavyweight: (146 lb. & Above) MEN Weight Classes for "Adults". "18 + years"