

For information call: Steven Jackson (817) 485-9595

Location:

W. G. Thomas Coliseum 6108 Broadway Ave, Haltom City, TX 76117

Demonstration Division! EVERYONE'S A WINNER!

Do any Form, Creative Forms, Weapons with or without music **And Receive a medal!!!** (Just enter **D-1** as an additional event)

TKO QUALIFIER RATED WKL WORLD QUALIFIER 8 GRANDS AWARDED TO:

\$100 TRADITIONAL BLACK BELT FORMS \$200 BLACKBELT MEN SPARRING \$200 BLACKBELT WOMEN SPARRING

JUNIOR GRANDS FORMS
JR BLACK TRADITONAL FORMS
JR BLACK CREATIVE FORMS
UNDERBELT ADVANCE
UNDERBELT INTERMEDIATE
UNDERBELT BEGINNER
ADULT UNDERBLET

We invite you to participate in the TKO/TNT League State and WKL World Grand Finals Qualifier! The event schedule is as follows: doors open at 8am, Stick Combat and Team Sparring begins at 8:30 am, the D-1 Demo starts at 9am, and the tournament commences at 9:30 am. As a TKO State and WKL World Qualifier, this event is open to martial artists of all skill levels. To register, please visit Myimartial.com. Take advantage of Early Bird savings by registering two weeks prior to the tournament, with Pre-Registration concluding the Wednesday before the event at midnight. Online registration will remain available until the day of the event. For rules, information, and further details, please visit TKOLeague.com (Sport Karate) and TNTGrappling.com (Grappling/Sport MMA).

| REGISTRATION FEE INFORMATION | | | | | |
|---|---|---|--|--|--|
| Register Early \$ Save Money \$ | Early Bird Registrations Ends Friday 2 week before Event | Pre-Registration Ends Wednesday before Event | Registration After Wednesday before Event | | |
| Entry Fee – 1 | \$45 | \$55 | \$65 | | |
| Additional Events | \$25 x | \$30 x | \$35 x | | |
| Spectator Pass (General Admission) | \$15 x | \$20 x | \$20 x | | |
| VIP Floor Pass (General Admission and Ringside) | \$25 x | \$35 x | \$50 x | | |
| | TOTAL = | TOTAL = | TOTAL = | | |

TKO Divisions

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CREATIVE FORMS—With or Without Music
CF-01 Forms Creative All ranks 5 & under M F
CF-03 Forms Creative Beg 6 to 7 M F
CF-04 Forms Creative Adv 6 to 7 M F
CF-05 Forms Creative Black 7 under M F
CF-06 Forms Creative Black 7 under M F
CF-07 Forms Creative Black 7 under M F
CF-08 Forms Creative By M F
CF-09 Forms Creative By M F
CF-09 Forms Creative Black 10 M F
CF-10 Forms Creative Black 10 to 11 M F
CF-11 Forms Creative By 10 to 11 M F
CF-12 Forms Creative Adv 10 to 11 M F
CF-13 Forms Creative By 10 to 11 M F
CF-14 Forms Creative By 11 to 13 M F
CF-15 Forms Creative By 12 to 13 M F
CF-16 Forms Creative By 12 to 13 M F
CF-16 Forms Creative By 12 to 13 M F
CF-16 Forms Creative Adv 10 to 13 M F
   Start time 8:30 am Stick and Demo
9:30 am Tournament begins! No limit in division entered!
                                              DEMO—Everyone is a Winner! Trophy Awarded
HANDICAPABLE FORMS
HANDICAPABLE WEAPONS
                                                TEAM DEMO-open team forms (2+ Members)
Team Kata— Synchronize Form (2-3 members)
TK-1 Team Kata (2-3 members) * Junior Beginner * M/F
TK-2 Team Kata (2-3 members) * Junior Intermediate * M/F
TK-3 Team Kata (2-3 members) * Junior Adv * Black * M/F
TK-4 Team Kata (2-3 members) * Adult All Ranks * M/F
SELF DEFENSE - Single or Multi Attacker
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            CF -11
CF -12
CF -13
CF -14
CF -15
CF -16
CF -17
CF -19
CF -20
CF -22
CF -22
CF -22
CF -24
CF -25
CF -25
CF -27
                                                                                               Self Defense * <= 17 * Beg / Intr * M/F
Self Defense * <= 17 * Advanced * M/F
Self Defense * <= 17 * Black * M/F
Self Defense * 18+ * Underbelt * M/F
Self Defense * 18+ * Black * M/F
SD-1
SD-2
SD-3
SD-4
SD-5
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       Forms Creative Int 12 to 13 M F
Forms Creative Adv 12 to 13 M F
Forms Creative Blk 12 to 13 M F
Forms Creative Beg 14 to 15 M F
Forms Creative Int 14 to 15 M F
Forms Creative Blk 14 to 15 M F
Forms Creative Blk 14 to 15 M F
Forms Creative Blk 14 to 15 M F
Forms Creative Blg 16 to 17 M F
Forms Creative Int 16 to 17 M F
Forms Creative Adv 16 to 17 M F
Forms Creative Adv 16 to 17 M F
Forms Creative Blk 16 to 17 M F
TRADITIONAL WEAPONS - (HARD/SOFT)
TW-01 Trad Weap Beg 11 under M F
TW-02 Trad Weap Int 11 under M F
TW-03 Trad Weap Adv 11 under M F
TW-04 Trad Weap Blk 11 under M F
TW-05 Trad Weap Beg 12 to 13 M F
                                                                                           Trad Weap Beg 12 to 13 M F
Trad Weap Int 12 to 13 M F
Trad Weap Adv 12 to 13 M F
Trad Weap Blk 12 to 13 M F
Trad Weap Beg 14 to 15 M F
Trad Weap Int 14 to 15 M F
Trad Weap Blk 14 to 15 M F
Trad Weap Blk 14 to 15 M F
Trad Weap Beg 16 to 17 M F
Trad Weap Blk 16 to 17 M F
Trad Weap Bly 10 to 18 Plu
TW-06
TW-07
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      CF -26 Forms Creat beg Int AdV 18 Plus M F

FORMS (Traditional Forms only)

If more that 12 we will divide to Boys and Girls

UF-1 TR Forms - Traditional * 6-7 * Beginner * M/F

UF-2 TR Forms - Traditional * 6-7 * Beginner * M/F

UF-3 TR Forms - Traditional * 6-7 * AdV / Black * M/F

UF-4 TR Forms - Traditional * 8-9 * Beginner * M/F

UF-5 TR Forms - Traditional * 8-9 * Beginner * M/F

UF-6 TR Forms - Traditional * 8-9 * Beginner * M/F

UF-7 TR Forms - Traditional * 8-9 * NadV / Black * M/F

UF-8 TR Forms - Traditional * 10-11 * Beginner * M/F

UF-9 TR Forms - Traditional * 10-11 * Beginner * M/F

UF-10 TR Forms - Traditional * 10-11 * Beginner * M/F

UF-11 TR Forms - Traditional * 10-11 * Black * M/F

UF-11 TR Forms - Trad. Korean * 10-11 * Black * M/F

UF-12 TR Forms - Trad. Korean * 10-11 * Black * M/F

UF-13 TR Forms - Trad. Korean * 12-13 * Beginner * M/F

UF-14 TR Forms - Trad. Japanese * 12-13 * Black * M/F

UF-15 TR Forms - Trad. Japanese * 12-13 * Black * M/F

UF-16 TR Forms - Trad. Korean * 12-13 * Black * M/F

UF-17 TR Forms - Trad. Japanese * 14-15 * Beginner * M/F

UF-18 TR Forms - Trad. Japanese * 14-15 * Black * M/F

UF-19 TR Forms - Trad. Japanese * 14-15 * Black * M/F

UF-19 TR Forms - Trad. Japanese * 14-15 * Black * M/F

UF-19 TR Forms - Trad. Japanese * 14-15 * Black * M/F

UF-19 TR Forms - Trad. Japanese * 16-17 * Black * M/F

UF-20 TR Forms - Trad. Japanese * 16-17 * Black * M/F

UF-21 TR Forms - Trad. Japanese * 16-17 * Black * M/F

UF-22 TR Forms - Trad. Japanese * 16-17 * Black * M/F

UF-23 TR Forms - Trad. Japanese * 16-17 * Black * M/F

UF-23 TR Forms - Trad. Japanese * 16-17 * Black * M/F

UF-23 TR Forms - Trad. Japanese * 16-17 * Black * M/F

UF-23 TR Forms - Trad. Japanese * 16-17 * Black * M/F

UF-23 TR Forms - Trad. Japanese * 16-17 * Black * M/F

UF-25 TR Forms - Trad. Japanese * 16-17 * Black * M/F

UF-27 TR Forms - Traditional * 18+ * Beginner * M/F

UF-28 TR Forms - Traditional * 18+ * Beginner * M/F

UF-27 TR Forms - Traditional * 18+ * Beginner * M/F

UF-28 TR Forms - Tradi
TW-08
TW-09
TW-10
 TW-12
TW-13
TW-14
TW-15
TW-16
TW-17
                                                                                                 Trad Weap Beg Int Adv 18 Plus M F
                                                                                               CHINESE FORMS (SOFT)
                                                                                               Kung Fu Chinese beg Int 11 under M F
Kung Fu Chinese Adv Blk 11 under M F
   KC-02
 KC-03
KC-04
                                                                                                 Kung Fu Chinese beg Int 12 to 13 M F
Kung Fu Chinese Adv Blk 12 to 13 M F
 KC-05
KC-06
                                                                                                 Kung Fu Chinese beg Int 14 to 15 M F
Kung Fu Chinese Adv Blk 14 to 15 M F
                                                                                               Kung Fu Chinese beg Int 16 to 17 M F
Kung Fu Chinese Adv Blk 16 to 17 M F
 KC-07
KC-08
   KC-09
                                                                                                 Kung Fu Chinese beg Int Adv 18 Plus M F
   KEMPO FORMS
                                                                                               Forms Kenpo beg Int 11 under M F Forms Kenpo Adv Blk 11 under M F Forms Kenpo Adv Blk 12 to 13 M F Forms Kenpo beg Int 14 to 15 M F
   KP-01
KP-02
 KP-03
KP-04
   KP-05
 KP-06
KP-07
KP-08
                                                                                               Forms Kenpo Adv Blk 14 to 15 M F
Forms Kenpo beg Int 16 to 17 M F
Forms Kenpo Adv Blk 16 to 17 M F
Forms Kenpo beg Int Adv 18 Plus M F
 WEAPONS - CREATIVE /EXTREME ( HARD/SOFT )
With or Without Music
WC-01 Creative Weap Beg 7 under M.F
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        UF-28 TR Forms - Traditional * 35+ * Intr / Adv * M/F

YOUTH SPARRING
US-1 PT Sparring - Point * <= 5 * All Ranks * Male
US-2 PT Sparring - Point * <= 5 * All Ranks * Female
US-3 PT Sparring - Point * 6-7 * Beginner * Male
US-4 PT Sparring - Point * 6-7 * Intermediate * Male
US-5 PT Sparring - Point * 6-7 * Female * Beginner
US-6 PT Sparring - Point * 6-7 * Female * Beginner
US-7 PT Sparring - Point * 6-7 * Female * Intermediate
US-8 PT Sparring - Point * 6-7 * Female * Adv / Black
US-9 PT Sparring - Point * 8-9 * Male * Beginner
US-10 PT Sparring - Point * 8-9 * Male * Intermediate
US-11 PT Sparring - Point * 8-9 * Male * Black
US-12 PT Sparring - Point * 8-9 * Female * Beginner
US-14 PT Sparring - Point * 8-9 * Female * Beginner
US-15 PT Sparring - Point * 8-9 * Female * Black
US-17 PT Sparring - Point * 8-9 * Female * Black
US-17 PT Sparring - Point * 10-11 * Male * Beginner
US-18 PT Sparring - Point * 10-11 * Male * Advanced
US-20 PT Sparring - Point * 10-11 * Male * Advanced
US-21 PT Sparring - Point * 10-11 * Female * Beginner
US-22 PT Sparring - Point * 10-11 * Female * Beginner
US-23 PT Sparring - Point * 10-11 * Female * Beginner
US-24 PT Sparring - Point * 10-11 * Female * Beginner
US-25 PT Sparring - Point * 10-11 * Female * Beginner
US-26 PT Sparring - Point * 10-11 * Female * Beginner
US-27 PT Sparring - Point * 10-11 * Female * Beginner
US-28 PT Sparring - Point * 10-11 * Female * Beginner
US-29 PT Sparring - Point * 10-11 * Female * Beginner
US-29 PT Sparring - Point * 10-11 * Female * Beginner
US-29 PT Sparring - Point * 10-11 * Female * Beginner
US-29 PT Sparring - Point * 10-11 * Female * Beginner
US-29 PT Sparring - Point * 10-11 * Female * Beginner
US-29 PT Sparring - Point * 10-11 * Female * Beginner
US-29 PT Sparring - Point * 10-11 * Female * Beginner
US-29 PT Sparring - Point * 10-11 * Female * Beginner
US-29 PT Sparring - Point * 10-11 * Female * Beginner
                                                                                               Creative Weap Beg 7 under M F
Creative Weap Int 7 under M F
Creative Weap Adv 7 under M F
                                                                                         Creative Weap Int 7 under M F
Creative Weap Adv 7 under M F
Creative Weap Blk 7 under M F
Creative Weap Beg 8 to 9 M F
Creative Weap Adv 8 to 9 M F
Creative Weap Int 8 to 9 M F
Creative Weap Blk 8 to 9 M F
Creative Weap Blk 8 to 9 M F
Creative Weap Blk 8 to 9 M F
Creative Weap Beg 10 to 11 M F
Creative Weap Adv 10 to 11 M F
Creative Weap Blk 10 to 11 M F
Creative Weap Blk 10 to 11 M F
Creative Weap Blk 10 to 13 M F
Creative Weap Adv 12 to 13 M F
Creative Weap Adv 12 to 13 M F
Creative Weap Blk 12 to 13 M F
Creative Weap Blk 12 to 13 M F
Creative Weap Blk 12 to 15 M F
Creative Weap Blk 14 to 17 M F
Creative Weap Adv 16 to 17 M F
Creative Weap Blk 16 to 17 M F
 WC-04
WC-05
 WC-06
WC-07
WC-08
 WC-08
WC-09
WC-10
WC-11
   WC-12
WC-13
   WC-14
WC-15
 WC-16
WC-17
WC-18
 WC-20
 WC-21
WC-22
 WC-22
WC-23
WC-24
WC-25
                                                                                                 Creative Weap Beg Int Adv 35 Plus M F
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US-25 PT Sparring - Point * 12-13 * Male * Beginner
US-26 PT Sparring - Point * 12-13 * Male * Intermediate
US-27 PT Sparring - Point * 12-13 * Male * Advanced
US-28 PT Sparring - Point * 12-13 * Male * Beginner
US-29 PT Sparring - Point * 12-13 * Female * Beginner
US-30 PT Sparring - Point * 12-13 * Female * Intermed
US-31 PT Sparring - Point * 12-13 * Female * Advanced
US-32 PT Sparring - Point * 12-13 * Female * Black
US-33 PT Sparring - Point * 12-13 * Female * Black
US-35 PT Sparring - Point * 14-15 * Male * Beginner
US-36 PT Sparring - Point * 14-15 * Male * Intermediate
US-36 PT Sparring - Point * 14-15 * Male * Advanced
US-37 PT Sparring - Point * 14-15 * Female * Beginner
US-38 PT Sparring - Point * 14-15 * Female * Beginner
US-39 PT Sparring - Point * 14-15 * Female * Black
US-40 PT Sparring - Point * 14-15 * Female * Black
US-41 PT Sparring - Point * 14-15 * Female * Black
US-42 PT Sparring - Point * 16-17 * Male * Black
US-43 PT Sparring - Point * 16-17 * Male * Beginner
US-44 PT Sparring - Point * 16-17 * Male * Beginner
US-45 PT Sparring - Point * 16-17 * Female * Advanced
US-46 PT Sparring - Point * 16-17 * Female * Beginner
US-47 PT Sparring - Point * 16-17 * Female * Beginner
US-48 PT Sparring - Point * 16-17 * Female * Beginner
US-49 PT Sparring - Point * 16-17 * Female * Beginner
US-49 PT Sparring - Point * 16-17 * Female * Beginner
US-49 PT Sparring - Point * 16-17 * Female * Beginner
US-49 PT Sparring - Point * 16-17 * Female * Beginner
US-49 PT Sparring - Point * 16-17 * Female * Beginner
US-49 PT Sparring - Point * 16-17 * Female * Beginner
US-49 PT Sparring - Point * 16-17 * Female * Beginner
US-49 PT Sparring - Point * 16-17 * Female * Beginner
US-49 PT Sparring - Point * 16-17 * Female * Beginner
  ADULT SPARRING (NON BLACK)
US-49 PT Sparring - Point * 18+ * Male * Beginner
US-50 PT Sparring - Point * 18+ * Male * Intermediate
US-51 PT Sparring - Point * 18+ * Male * Advanced
US-52 PT Sparring - Point * 18+ * Female * Beginner
US-53 PT Sparring - Point * 18+ * Female * Beginner
US-54 PT Sparring - Point * 35+ * Male * Beginner
US-55 PT Sparring - Point * 35+ * Male * Beginner
US-56 PT Sparring - Point * 35+ * Female * Beginner
US-57 PT Sparring - Point * 35+ * Female * Beginner
US-57 PT Sparring - Point * 35+ * Female * Intr / Adv
ADULT BLACK BELT Creative (HARD/SOFT)
BC-01 Creative Forms Blk 18 Plus M
BC-02 Creative Forms Blk 18 Plus F
BC-03 Creative Forms Blk 35 Plus M
BC-04 Creative Forms Blk 35 Plus F
          ADULT BLACK BELT WEAPONS (HARD/SOFT)
                                                                                                       Weap Creative Blk 18 Plus F
Weap Creative Blk 18 Plus F
Weap Creative Blk 35 Plus M
Weap Creative Blk 35 Plus F
        ADULT BLACK BELT TRADITIONAL WEAPONS
(HARD/SOFT) With or Without Music
BTW-01 Weap Trad Blk 18 Plus M
BTW-02 Weap Trad Blk 18 Plus F
BTW-03 Weap Trad Blk 35 Plus M
BTW-04 Weap Trad Blk 35 Plus F
      BLACK BELT CREATIVE FORM (HARD/SOFT)
BC-1 CR Black Belt Creative Forms * 18+ * Male
BC-2 CR Black Belt Creative Forms * 18+ * Female
BC-3 CR Black Belt Creative Forms * 35+ * Male
BC-4 CR Black Belt Creative Forms * 35+ * Female
        BLACK BELT TRADITIONAL FORMS
BT-01J Trad Japanese Blk 18 Plus M
BT-01K Trad Korean BLk 18 Plus M
BT-02J Trad Japanese Blk 18 Plus F
BT-02KF Trad Korean Blk 18 Plus F
BT-02KF Trad Kenpo Blk 18 Plus M F
BT-02KF Trad Kenpo Blk 18 Plus M F
                                                                                                       Trad Kung Fu Chinese Blk 18+ M F
Trad Japanese Blk 35 Plus M
Trad Korean Blk 35 Plus M
Trad Japanese BLk 35 Plus F
Trad Japanese BLk 35 Plus F
        BT-02KC
BT-03J
      BT-03J
BT-03K
BT-04J
BT-04K
BT-05J
                                                                                                         Trad Japanese BLK 45 Plus M F
Trad Korean Blk 45 Plus M F
        BT-05K
    BLACK BELT POINT SPARRING
BS-01 Sparring Blk Light (164 -) 18 Plus M
BS-02 Sparring Blk Middle (165 184) 18 Plus M
BS-03 Sparring Blk Heavy (185 204) 18 Plus M
BS-04 Sparring Blk Sup. Heavy (205 +) 18 Plus M
BS-05 Sparring Blk Feather (144 -) 18 Plus F
BS-06 Sparring Blk Light (145 +) 18 Plus F
BS-07 Sparring Blk Light (175 -) 35 PLUS M
BS-08 Sparring Blk Heavy (176 plus) 35 PLUS M
BS-09 Sparring Blk Feather (144 -) 35 Plus F
BS-10 Sparring Blk Light (145 -) 35 Plus F
BS-11 Sparring Blk all weights 50 Plus M
BS-12 Sparring Blk all weights 60 Plus M
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TKO and WKL RULES AT GLANCE (Complete Rules @TKOLeague.com

KATA/FORMS RULES:

- A. All competitors will perform their Katas with scores given when all the competitors are finished.
- B. Scoring Range will be from 9.0-9.9 in all Katas/Weapons Divisions
- C. Each judge must choose their top winners from highest to lowest. Example: 9.9 for 1st, 9.8 for 2nd, 9.7 for 3rd and 9.6 for 4th with 9.5 being the median.
- D. All 3 judges must be within the same scoring range. A denomination of (.2) will be applied below the 2nd highest score. Example: A score of 9.9, 9.8, **9.3**. Since 9.3 is not in the same range of 9.9 and 9.8, the lowest score of 9.3 will now change to **9.6**.
- F. Å second chance will be given to Under Belts (Non Black Belts) who forget their form. All Katas, Weapons, Specialty (Musical, Weapons, 2 man) can restart only once. **Only at STATE and WORLD FINALS, there will be "NO" restart.**
- G. Specialty (Musical, Weapons, 2 man) no longer than 2 minutes
- H. Judging students is allowed

TIES

- A. If tied Run off of same or different kata is acceptable.
- B. If tied again judges point to winner.

MANDATORY UNIFORMS AND EQUIPMENT:

- A. All uniforms must be of regulation in that particular style or system. (In KATA competition uniform may vary with tournament director's approval)
- B. Must have a clean uniform.
- C. Male competitors will wear groin protector.
- D. No shoes allowed when sparring unless Ring Star approved sparring shoes.
- E. Must wear mouthpiece.
- F. Head, foot and hand gear mandatory.
- G. Must wear elbow pads

II. MATCHES:

- A. 2 judges will be used for Point Sparring per ring.
- B. Instructors cannot judge their students in sparring

III. MATCH LENGTH:

- A. All matches will be two minutes or first to 7 points.
- B. Coaching is allowed but yelling profanity, poor sportsmanlike conduct or yelling at a judge will not be tolerated. Judge has the right to disqualify any competitor if these rules are violated.
- C. Coaching: Only one coach is allowed per competitor at the ring to coach their student. No timeouts are allowed with the exception of an injury, which will be called by the head judge. Coaching chair will be added on both side of the ring designated as a "Coaches Box". Coaches must be seating in the coaches chair at all time of the match. Standing is not allowed. A warning will be given, and a one-point penalty awarded to other side by Center Referee for each infraction after warning has been given.
- D. No physical contact from coach and the competitor will be allowed during a match

IV. SCORING:

- A. Punches 1 point.
- B. All Kicks to body 1 point.
- C. All Kicks to head 2 points.
- D. Confirmation needed to be awarded a point.
- E. Light contact to the face & medium contact to the body for all ranks.
- F. Hands touching floor is legal but not when body, elbows, buttocks and knees touches floor.
- G. Capoeira, and Cartwheel kicks are allowed (1 point for body and 2 for head).

V. ILLEGAL TECHNIQUES:

No joints, no elbow techniques, no back or blind techniques, or throat techniques. No knee, or leg techniques, take downs (only in rings), headbutts, arms, spine, neck, eyes techniques, or kicks to the legs. No Groin or No Ground fighting **VI. PROTESTS:**

Only the second least the

Only the coach has the right to protest any call BEFORE the match is over.

VII. DISQUALIFICATION:

- A. Excessive contact in all divisions. 1st time warning with 2nd time disqualification
- B. Swelling, discoloration, or drawing blood an head/face or knockout by malicious intent in all ranks will be grounds for disqualification. (no verification)
- C. Unsportsmanlike conduct or any other form of conduct unbecoming to a martial artist.

VIII. OUT OF BOUNDS:

- A. Must have both feet over the tape or matted area is out of bounds. (1 point is awarded to opponent)
- B. Confirmed verification needed for out of bounds calls.

X. FOUL:

- A. Confirmed foul called on an opponent will result in a point awarded to person receiving foul.
- B. Verification needed on fouls.

TKO AND WKL STICK COMBAT INVITATIONAL ESKRIMA – KALI – ARNIS TOURNAMENT

All Sport Karate, Eskrimadors and Filipino Martial Arts enthusiasts, you are formally invited to an open event that brings all practitioners of Filipino Martial Arts under one roof. It doesn't matter what style or system you practice, you are invited to join us for one day of stick combat competition. This is a TKO State Qualifier and WKL World Qualifier

SINGLE STICK COMBAT RULES

Must use one hand to strike

Required Gear -

We will provide gear unless you have your own. Other similar escrima sticks must be checked by the official for approval. Action Flex escrima sticks, headgear and gloves from Century. (NO Wood Escrimas allowed). Actionflex escrima stick will be the official gear. Sizes are 28 inches for teens/adults and 24 for the kids 11 &under.

Legal Targets -

The entire body with the exception of the groin, stab to the eyes, and any neck area not covered by the headgear.

Points

- *10 points or 2 minute rounds
- *Max of 3 points at any one time.
- *1 point for strike to legal target area
- *2 points for a strike to the head.
- *A combination strike technique (body & head strike consecutive), the higher scoring strike will be counted.
 *Add one point for any successful jumping technique
- *1 point for strike to the hand only if the opponents is disarmed as well as dropped weapon penalty. So a total of 2 points awarded. (No point for strike to the hand and not disarmed)

Dropped Weapons

1 point awarded to competitor if opponent drops the weapon. Procedure: confirm drop, award point for drop, then call for points if necessary. "Drop penalty" is in effect from bow in to bow out. A scoring strike is worth 0 points if the weapon is dropped <u>during their strike</u>.

Contact:

Strikes must be effective and under control. They need to be solid hits, no blind strikes. NO Ground Fighting but with the exception of One knee/hands on ground is allowed.

Warnings and Penalties

Excessive/illegal Techniques include takedowns, kicking, or punching, throwing or grabbing, or stabbing with handle. Checking with live hand (weapon less hand) is legal. For safety concerns, competitors may go to one knee during technique, but not both (no splits). (This is so that someone can get back up quickly. Live hand should not touch the floor.

| DIVISIO | ON CODE AGE AND WEIGHT |
|----------------|--|
| SC-01 SC-02 | Stick All ranks 9 under M F 50 minus Stick All ranks 9 under M F 51 to 60 |
| SC-03 | Stick All ranks 9 under M F 61 to 70 |
| SC-04 SC-05 | Stick All ranks 9 under M F 71 to 80 Stick All ranks 9 under M F 81 Plus |
| SC-06 | Stick All ranks 10 to 17 M 95 minus |
| SC-07 SC-08 | Stick All ranks 10 to 17 M 96 to 110 Stick All ranks 10 to 17 M 112 to 125 |
| SC-09 SC-10 | Stick All ranks 10 to 17 M 126 to 140 Stick All ranks 10 to 17 M 141 to 165 |
| SC-11 | Stick All ranks 10 to 17 M 166 Plus |
| SC-12 SC-13 | Stick All ranks 10 to 17 F 95 minus Stick All ranks 10 to 17 F 96 to 110 |
| SC-14 | Stick All ranks 10 to 17 F 112 to 125 |
| SC-15 SC-16 | Stick All ranks 10 to 17 F 126 to 140 Stick All ranks 10 to 17 F 141 PLUS |
| SC-17 | Stick All ranks 18 Plus M 185 Minus |
| SC-18 SC-19 | Stick All ranks 18 Plus M 186 Plus Stick All ranks 18 Plus F All wieghts |
| SC-20 | Stick All ranks 35 Plus M All wieghts |
| | |
| | |



Breaking Competition









All divisions will be awarded **1st-3rd place**.

Code FIRST TIME BREAKERS (Demo)

FTB—This is for any competitor that has not done breaking and would like to try it. Learn how to break in competition or help a seasoned competitor get warm up for the tournament.. (Only

\$20 to enter) **Code BREAKING DIVISIONS** PB 00 7 & Under Power Wood Elbow PB 01 7 & Under Power Wood Foot PB 02 7 & under Power Wood Hand

PB 03 8-12 Power Wood Hand

PB 04 8-12 Power Wood Foot

PB 05 8-12 Power Wood Elbow

PB 06 13-17 Power Wood Hand

PB 07 13-17 Power Wood Foot

PB 08 13-17 Power Wood Elbow

Code BLACK BELT Boys -17

PB 09 Power Wood Hand

PB 10 Power Wood Foot

PB 11 Power Wood Elbow

Code BLACK BELT Girls - 17

PB 12 Power Wood Hand

PB 13 Power Wood Foot

PB 14 Power Wood Elbow

Code ADULT MEN 18 +

PB 15 Power Wood Hand

PB 16 Power Wood Foot

PB 17 Power Wood Elbow

PC 01 Power Concrete Hand

PC 02 Power Concrete Foot

PC 03 Power Concrete Elbow

Code ADULT WOMEN 18 +

PB 19 Power Wood Hand

PB 20 Power Wood Foot

PB 21 Power Wood Elbow

PC 04 Power Concrete Hand

PC 05 Power Concrete Foot

PC 06 Power Concrete Elbow

Code BLACK BELT Men 18 +

PB 22 Power Wood Hand

PB 23 Power Wood Foot

PB 24 Power Wood Elbow

PC 07 Power Concrete Hand

PC 08 Power Concrete Foot

PC 09 Power Concrete Elbow

Code BLACK BELT Women 18 +

PB 25 Power Wood Hand

PB 26 Power Wood Foot

PB 27 Power Wood Elbow

PC 10 Power Concrete Hand

PC 11 Power Concrete Foot

PC 12 Power Concrete Elbow

Code CREATIVE OPEN

CO 01 17 Under Belts (m/f)

CO 02 17 Under Black Belts (m/f)

CO 03 18+ Under Belts (m/f)

CO 04 18+ BLACK BELT (m/f)

All Power Breaking Divisions Must Order Boards and Concrete by the Pre-Registered deadline. Creative Open Divisions Must Bring All Breaking Materials, Including Tarp. Tarps, broom, dust pan are required for clean up.

Beautiful Awards for all 1st-3rd place.

"TKO Tournament Registration Fees

| REGISTRATION INFORMATION | Early Bird Register Early | Pre-Registration | Registration |
|--|------------------------------|---------------------|---------------------|
| Breaking Division Per Event | \$45 | \$55 | \$65 |
| Concrete or Boards \$5.00 each. *Must buy from tournament. Please order early. | Boards X \$5.00 = | Concrete X \$5.00 = | Concrete X \$5.00 = |

TKO Continuous Sparring (Muay Thai Style)

TKO Continuous Sparring (Stand Up only) Rules

(Complete Rules go to www.TKOLeague.com)

Definition:

Light Contact Fighting in a Continuous Manner. Under no circumstances should light contact continuous fighting simulates full contact kickboxing. Utilizing well-controlled techniques, ring craftsmanship and combination skills, competitors should attempt to "outscore" rather than "overpower" their opponent.

Competitors will fight continuously until the referee's command to "STOP/BREAK". Techniques should not "strike through" or "push through" the target. Striking with excessive contact, or uncontrolled striking of any kind will lead to disqualification. Emphasis must be placed on both punching and kicking techniques. Punching or "boxing" only to body or leg (Above the knee), for an extended period of time without throwing kicks will downgrade the judge's evaluation of your performance.

Each match is carried out with running time. The referee and judges will evaluate the relative effectiveness of each fighter based on the number, quality and variety of scoring strikes, defense and conditioning. Rules violations (whether penalized by the referee or not) will downgrade the judges evaluation of the offending fighter. The three officials will determine the winner of each match by majority decision.

Equipment Needed:

- · Adult divisions: mouth-guard, Head Gear, 10oz gloves or larger, groin protection, shin/instep guards.
- Teen & Junior divisions: mouth-guard, Head Gear, 10oz gloves or larger, groin protection, shin/instep guards.
- Shorts or pants and school tshirt/rash guard or Martial Arts Uniform must be worn.



Weigh-in time: All competitors must weigh at scheduled time. If a competitor missed the weigh-in time, weigh-in will take place at the time when the competitor is called to compete.

Time and Rounds

• Two (2) - Two (1) minute rounds with a 30 second break. If both Fighter wins each round, a 3rd round of 30 second is needed. Head judge will only judge 3rd round to insure no ties.

PLEASE NOTE - Due to point tabulations and rankings for the 2020 State Finals, all divisions are set, and a competitor cannot be moved to another division. Only splitting a division is allowed when a competitor is out of their age of at least two (2) years. If there is no one in your division, you will win by default, and an exhibition match will be offered.

DIVISION CODE, AGE, GENDER AND WEIGHT

CS-01 Cont Spar Super Fly 9 under M 9 & Under 55 Minus CS-02 Cont Spar Fly 9 under M 9 & Under 56 to 65 CS-03 Cont Spar Fly 9 under M 9 & Under 66 to 75 CS-04 Cont Spar Feather 9 under M 9 & Under 76 to 85 CS-05 Cont Spar Light 9 under M 9 & Under 86 to 95 CS-06 Cont Spar Welter 9 under M 9 & Under 96 Plus CS-07 Cont Spar Bantam 10 to 13 M 10 to 13 85 minus CS-08 Cont Spar Feather 10 to 13 M 10 to 13 86 to 95 CS-09 Cont Spar Light 10 to 13 M 10 to 13 96 to 105 CS-09 Cont Spar Welter 10 to 13 M 10 to 13 106 to 115 CS-11 Cont Spar Welter 10 to 13 M 10 to 13 106 to 115 CS-12 Cont Spar Middle 10 to 13 M 10 to 13 116 to 125 CS-12 Cont Spar Lt Hvy 10 to 13 M 10 to 13 136 to 145 CS-14 Cont Spar Heavy 10 to 13 M 10 to 13 146 plus CS-15 Cont Spar Light 14 to 17 M 14 to 17 125 minus CS-16 Cont Spar Light 14 to 17 M 14 to 17 126 to 135 CS-17 Cont Spar Lt Hvy 14 to 17 M 14 to 17 136 to 145 CS-18 Cont Spar Lt Hvy 14 to 17 M 14 to 17 136 to 145 CS-19 Cont Spar Lt Hvy 14 to 17 M 14 to 17 166 to 155 CS-19 Cont Spar Heavy 14 to 17 M 14 to 17 176 to 185 CS-22 Cont Spar Grusier 14 to 17 M 14 to 17 176 to 185 CS-22 Cont Spar Sur Hvy 14 to 17 M 14 to 17 176 to 185 CS-23 Cont Spar Sur Hvy 14 to 17 M 14 to 17 176 to 185 CS-25 Cont Spar Sur Hvy 14 to 17 M 14 to 17 176 to 185 CS-26 Cont Spar Feather 9 under F 9 & Under 56 Minus CS-26 Cont Spar Feather 9 under F 9 & Under 56 to 65 CS-27 Cont Spar Feather 9 under F 9 & Under 76 to 85 CS-27 Cont Spar Light 9 under F 9 & Under 76 to 85 CS-27 Cont Spar Light 9 under F 9 & Under 76 to 85 CS-27 Cont Spar Light 9 under F 9 & Under 76 to 85 CS-27 Cont Spar Light 9 under F 9 & Under 76 to 85 CS-27 Cont Spar Light 9 under F 9 & Under 76 to 85 CS-27 Cont Spar Light 9 under F 9 & Under 76 to 85 CS-27 Cont Spar Light 9 under F 9 & Under 76 to 85 CS-27 Cont Spar Light 9 under F 9 & Under 76 to 85 CS-27 Cont Spar Light 9 under F 9 & Under 76 to 85 CS-27 Cont Spar Light 9 under F 9 & Under 76 to 85 CS-27 Cont Spar Light 9 under F 9 & Under 76 to 85 CS-27 Cont Spar Light 9 under F 9 & Under 76 to 85 CS-

DIVISION CODE, AGE, GENDER AND WEIGHT

Cont Spar Fly 10 to 13 F 10 to 13 Cont Spar Bantam 10 to 13 F 10 to 13 Cont Spar Feather 10 to 13 F 10 to 13 75 minus 76 to 85 86 to 95 CS-30 CS-31 CS-32 CS-33 CS-34 CS-35 CS-37 CS-41 CS-42 CS-43 CS-44 CS-50 CS-51 CS-55 CS-55 CS-55 CS-56 CS-56 CS-56 CS-56 CS-57 CS-58 CS-56 Cont Spar Feather 10 to 13 F 10 to 13
Cont Spar Light 10 to 13 F 10 to 13
Cont Spar Welter 10 to 13 F 10 to 13
Cont Spar Welter 10 to 13 F 10 to 13
Cont Spar Middle 10 to 13 F 10 to 13
Cont Spar Middle 10 to 13 F 10 to 13
Cont Spar Light 14 to 17 F 14 to 17
Cont Spar Light 14 to 17 F 14 to 17
Cont Spar Welter 14 to 17 F 14 to 17
Cont Spar Welter 14 to 17 F 14 to 17
Cont Spar Welter 14 to 17 F 14 to 17
Cont Spar Heavy 14 to 17 F 14 to 17
Cont Spar Crusier 14 to 17 F 14 to 17
Cont Spar Crusier 14 to 17 F 14 to 17
Cont Spar Light 18 Plus M 18 Plus
Cont Spar Heavy 18 Plus M 18 Plus
Cont Spar Heavy 18 Plus M 35 Plus
Cont Spar Light 35 Plus M 35 Plus
Cont Spar Light 35 Plus M 35 Plus
Cont Spar Middle 35 Plus M 35 Plus
Cont Spar Middle 35 Plus M 35 Plus 96 to 105 106 to 115 116 to 125 136 Plus 105 minus 106 to 115 116 t0 125 126 to 135 136 to 145 146 to 155 156 to 165 165 plus 175 & UNDER 175 TO 190 190 PLUS 175 & UNDER Cont Spar Middle 35 Plus M Cont Spar Heavy 35 Plus M Cont Spar Light 18 Plus F Cont Spar Middle 18 Plus F 35 Plus 175 TO 190 35 Plus 18 Plus **190 PLUS** 135 minus 18 Plus 135 to 150 Cont Spar Lt Hvy 18 Plus F Cont Spar Light 35 Plus F Cont Spar Light 35 Plus F Cont Spar Middle 35 Plus F Cont Spar Lt Hvy 35 Plus F 18 Plus 35 Plus 35 Plus 151 plus 135 minus 135 to 150

TNT GRAPPLING

GI - I.B.J.J.F. (INTERNATIONAL BRAZILIAN JIU JITSU FEDERATION) **RULES AND DIVISIONS**

The typical tournament is divided up into matches between the same belt ranks and weight classes within the belt ranks. The progressive ranks in BJJ are white, yellow, orange, green, blue (after 16), purple, brown and finally black belt.

Skill Levels:

Kids Ages 4 - 11 (male & female)

0 - 1 year Experience 1+ year of experience (Blue and Above) Juniors Ages 12 - 17 (male & female)

Novice 0 - 1 year Experience 1+ year of experience (Blue and Above)

Adults, Masters, & Seniors (male & female)

Novice 0 – 1 year experience. Experience 1+ year experience and up (Blue and Above) Advance 3 years and up

The match begins with competitors standing up on padded mats wearing gis. Competitors attempt to perform a takedown throws, foot sweeps, tackles, or alternatively, pulling the opponent to "guard". Once on the ground, they grapple but are allowed to stand up at any time.

- 1. We reserve the right to either subdivide or combine divisions, weight classes, or age classes the day of the event depending on the turnout.
- 2. Each Competitor will be allowed to register in ONE DIVISION ONLY.
- 3. All competitors must weigh-in with the GI ON. There is NO weight allowance at weigh-ins.
- 4. Each competitor must submit an on-line registration form, sign the electronic waiver, and pay the entry fee.
- 5. No advantages will be given. If the match is tied at the end of regulation the referee will decide the winner based on who showed the most aggressiveness during the match.
- 6. All competitors must wear a Gi with a standard collar size and thickness.
- 7. All competitors must wear a CLEAN and a SOLID colored Brazilian Jiu-Jitsu GI (Kimono), either ALL WHITE, ALL BLUE, or ALL BLACK in color. Women may also wear ALL PINK. No mixing of colors. Example; white pants and blue top or blue pants and white top, etc... will NOT be allowed. Competitors will compete with regulation GIs only. A regulation GI is four fingers cuff clearance and sleeves are to be no shorter than 4" from wrist between wrist and sleeve of GI.
- 8. All male competitors are not allowed to wear clothing underneath the GI such as T-Shirts, Rash Guard, Sweatpants, etc. Also, wrestling shoes are NOT allowed. All competitors must wear underwear.
- 9. We will do our best to pair up Kids according to weight and age no more than 2 years apart. For example ages groups may be (6 & 7) (8 & 9) (10 & 11) (12 & 13) (14 & 15). We will do our best to not mix girl and boy competitors, but it may be necessary. Kids need to be registered according to Brazilian Jiu-Jitsu Belt rankings (White, Grey, Yellow, Orange, Green). Karate or Tae Kwon Do belt rankings may be the same color, but are not equivalent to the skill level as jiu-jitsu. Consult your Jiu-Jitsu instructor before registering your child to avoid your child being entered into the wrong division.
- 10. We reserve the right to refuse service.

GI - BRAZILIAN JIU JITSU

Weight Classes for "KIDS" (Male & Female).

Age Category "4 - 11 years old"

"Novice" or "Experience"

(If there are 2 or more GIRLS in a division, we will create a separate division for the girls).

GN (Novice) GE (Experience)

GN1 / GE1 - 50 lbs & under

GN2 / GE2 - 50.1 to 60 lbs

GN3 / GE3- 60.1 to 70 lbs GN4 / GE4 - 70.1 to 80 lbs

GN5 / GE5 - 80.1 to 90 lbs

GN6 / GE6-90.1 to 100 lbs

GN7 / GE7 - 100.1 to 110 lbs

GN8 / GE8 - 110.1 to 120 lbs

GN9 / GE9- 120.1 to 130 lbs

GN10 / GE10 - 130.1 to 140 lbs

GN11 / GE11- 140.1 to 150 lbs

GN12 / GE12 - 150.1 to 160 lbs

GN13 / GE13 - 160.1 to 170 lbs

GN14 / GE14 - 170.1 to 180 lbs

GN15 / GE15 - 180.1 lbs & over

Weight Classes for "TEENS" (Male & Female). "12 and 17 years old" "Novice" or "Experience" (If there are 2 or more GIRLS in a division, we will create

a separate division for the girls). GTN (Novice) GTE (Experience) GTN1 / GTE1- 88 lbs. & under

GTN2 / GTE2- 88.1 - 102 lbs.

GTN3 / GTE3- 102.1 - 116 lbs.

GTN4 / GTE4- 116.1 - 127 lbs.

GTN5 / GTE5- 127.1 - 141 lbs.

GTN6 / GTE6- 141.1 - 154 lbs.

GTN7 / GTE7- 154.1 - 167 lbs. GTN8 / GTE8 - 167.1 - 181 lbs.

GTN9 / GTE9 - 181.1 - 194 lbs.

GTN10 / GTE10 - 194.1 - 208 lbs.

GTN11 / GTE11 - 208.1 lbs. & Over

WOMEN Weight Classes for "Adults".

"18+ years" "Novice", "Experience", "Advance" GWN (Novice), GWE (Experience), GWA (Advance)

GWN1 / GWE1 / GWA1 - 120 lbs. & under

GWN2 / GWE2 / GWA2 - 120.1 - 135 lbs.

GWN3 / GWE3 / GWA3 - 135.1 - 150 lbs.

GWN4 / GWE4 / GWA4 - 150.1 - 170 lbs.

GWN5 / GWE5 /GWA5 - 170.1 & up

WOMEN Weight Classes for "Masters" "35+ years" "Novice", "Experience, "Advance" GWMN (Novice), GWME (Experience),

GWMA (Advance)

GWMN1 / GWME1 / GWMA1 - 120 lbs. & under GWMN2 / GWME2 / GWMA2 - 120.1 - 135 lbs.

GWMN3 / GWME3 / GWMA3 - 135.1 - 150 lbs.

GWMN4 / GWME4 / GWMA4 - 150.1 - 170 lbs.

GWMN5 / GWME5 / GWMA5 - 170.1 & up

MEN Weight Classes for "Masters". "35+ years" "Novice", "Experience","Advance" GMMN (Novice), GMME (Experience),

GMMA (Advance) GMMN1 / GMME1 / GMMA1 - 160 lbs. & under GMMN2 / GMME2 / GMMA2 - 160.1 - 180 lbs.

GMMN3 / GMME3 / GMMA3 - 180.1 - 200lbs.

GMMN4 / GMME4 / GMMA4 - 200.1 lbs. & Over

MEN Weight Classes for "Adults".

"18 + years" "Novice", "Experience", "Advance" GMN (Novice), GME (Experience), GMA (Advance)

GMN1 / GME1 / GMA1 - 130 lbs. & under

GMN2 / GME2 / GMA2 - 130.1 - 150 lbs.

GMN3 / GME3 / GMA3 - 150.1 - 170 lbs.

GMN4 / GME4 / GMA4 - 170.1 - 185 lbs.

GMN5 / GME5 / GMA5 - 185.1 - 200 lbs.

GMN6 / GME6 / GMA6 - 200.1 - 220 lbs.

GMN7 / GME7 / GMA7 - 220.1 lbs. & Over



SPORT MMA DIVISIONS AND INFORMATION

(For complete rules go to www.TNTGrapppling.com to download complete rules)

DESCRIPTION: Think of it as the equivalent of light contact version of MMA. A division were competitors can compete against each other utilizing most of the regular techniques associated with MMA including strikes, shoots, grappling and submissions. Only semi or light contact is allowed at all times at both stand up and ground positions.

Basically two competitors start from stand up position as is the case in semi & light contact, utilize their striking (stand up skills) to close the gap and create opportunity for a shoot or take down. Once on the ground the grappling comes into play together with semi/light contact striking. There are strict rules pertaining to Legal and illegal techniques in strikes, grappling/Jiu-jitsu and submissions. The ultimate will always be to obtain a submission over your opponent.

EXPLAINING THE BEST OF THREE SUBMISSION RULE

If fighter "A" obtains a submission over fighter "B", it is recorded on the score sheet and the fight gets restarted from center stand up position. Fighter "B" must now obtain a submission over fighter "A" in order to level the field. Herein begins the chess game of SPORT MMA. Regardless of how good the rest of the fight is from fighter "B", even if he is the superior technical competitor, gains more points for striking or outclasses fighter "A" for the duration of the bout, fighter "A" will win the match should fighter "B" not obtain a submission over fighter "A". Two submissions over any fighter ends the bout immediately!

The final outcome of the fight is decided by (1) if there is a leader by submission (2) if there is no leader by submission the bout is decided by show of hand according to whom the Official see to be the superior fighter.



Sport MMA Division Code

Skill Levels:

Kids Ages 4 - 11 (male & female) Juniors Ages 12 - 17 (male & female Adults, Masters, & Seniors (male & female)

Weight Classes for "KIDS" (Male).

"4 -11 years old"

SM-1 - 50 lbs & under

SM-2 - 50.1 to 60 lbs

SM-3 - 60.1 to 70 lbs

SM-4 - 70.1 to 80 lbs

SM-5 - 80.1 to 90 lbs

SM-6 - 90.1 to 100 lbs

SM-7 - 100.1 to 110 lbs

SM-8 - 110.1 to 120 lbs

SM-9 - 120.1 to 130 lbs

SM-10 - 130.1 to 140 lbs

SM-11 - 140.1 to 150 lbs

SM-12 - 150.1 to 160 lbs

SM-13 - 160.1 to 170 lbs

SM-14 - 170.1 to 180 lbs

SM-15 - 180.1 lbs & over

Weight Classes for "KIDS" (Female). "4 -11 years old"

SMF-1 - 50 lbs & under

SMF-2 - 50.1 to 60 lbs

SMF-3 - 60.1 to 70 lbs

SMF-4 - 70.1 to 80 lbs

SMF-5 - 80.1 to 90 lbsSMF-6 - 90.1 to 100 lbs

SMF-7 - 100.1 to 110 lbs

SMF-8 - 110.1 to 120 lbs

SMF-9 - 120.1 to 130 lbs

SMF-10 - 130.1 to 140 lbs

SMF-11 - 140.1 to 150 lbs

SMF-12 - 150.1 to 160 lbs

SMF-13 - 160.1 to 170 lbs

SMF-14 - 170.1 to 180 lbs

SMF-15 – 180.1 lbs & over

Weight Classes for "TEENS" (Male)

"12 and 17 years old"

SMT1 - 88 lbs. & under

SMT2 - 88.1 - 102 Ibs.

SMT3 - 102.1 - 116 lbs.

SMT4 - 116.1 - 127 lbs.

SMT5 - 127.1 - 141 lbs.

SMT6 - 141.1 - 154 lbs.

SMT7 - 154.1 - 167 lbs.

SMT8 - 167.1 - 181 lbs.

SMT9 - 181.1 - 194 lbs.

SMT10- 194.1 - 208 lbs. SMT11-208.1 lbs. & Over

Weight Classes for

"TEENS" (Female)

"12 and 17 years old"

SMTF1 - 88 Ibs. & under

SMTF2 - 88.1 - 102 Ibs.

SMTF3 - 102.1 - 116 lbs.

SMTF4 - 116.1 - 127 lbs.

SMTF5 - 127.1 - 141 lbs.

SMTF6 - 141.1 - 154 lbs.

SMTF7 - 154.1 - 167 lbs.

SMTF8 - 167.1 - 181 lbs.

SMTF9 - 181.1 - 194 lbs. SMTF10 - 194.1 - 208 lbs.

SMTF11 - 208.1 lbs&Over

WOMEN Weight Classes for "Adults".

"18+ years"

SMW1 - Women's Lightweight: (135 lbs. & Under)

SMW2 - Women's Middleweight: (135.1 – 150 lbs.

SMW3 - Women's Light Heavyweight: (150.1 lbs. & Above)

WOMEN Weight Classes for "Masters"

"35+ years" SMWM1 - Women's Lightweight: (135 lbs. and under)

SMWM2 - Women's Middleweight: (135.1 – 150 lbs.)

SMWM3 - Women's Light Heavyweight: (150.1 lbs. & Above)

MEN Weight Classes for "Adults".

"18 + years"

SMM1 - Men's Lightweight: (175 lbs. and under)

SMM2 - Men's Middleweight: (175.1 - 190 lbs.)

SMM3 - Men's Heavyweight: (190.1 lbs. & Above)

MEN Weight Classes for "Masters".

"35+ years"

SMMM1 - Men's Lightweight: (175 lbs. and under)

SMMM2 - Men's Middleweight: (175.1 – 190 lbs.)

SMMM3 - Men's Heavyweight: (190.1 lbs. & Above)

SAFETY EQUIPMENT ALLOWED:

- Combined foot & shin protectors only.
- Gloves must be MMA approved open finger gloves
- Mouth guard and groin protector are mandatory.

